

eBooks - Complete List

A

- [A Bird on the Wing](#)

Using traditional Zen stories and responding to seekers' questions, Osho shows how man must first be grounded in himself before he can fly into the sky of consciousness.

- [The ABC of Enlightenment \[eBook editions\]](#)

The inner world needs its own vocabulary, and Osho is a master of creating a language to describe experiences of the inner world that is simple, unpretentious and clear.

- [Above All, Don't Wobble](#)

These recorded Evening Meetings give the phenomenon of enlightenment a contemporary, personal focus. One by one, disciples and visitors sit in front of Osho, alone or as part of a therapy group, to receive his individualized advice on their questions and life experiences.

- [Absolute Tao](#)

Tao is, as is Osho, the way of wholeness: not dividing anything, not denying anything.

- [Ah, This!](#)

Through delightfully Zen anecdotes, Osho captures and conveys the spirit of Zen's enigmatic understanding of life.

- [The Alchemy of Yoga](#)

In these talks on the sutras of Patanjali, Osho guides us into the world of Yoga – a world of naturalness and sensitivity that reaches far beyond the body, through our body and our way of daily living.

- [Ancient Music in the Pines \[eBook editions\]](#)

Today, humanity is caught up in the mad complexity of the mind, and as never before, there is an urgent need to rediscover simplicity and innocence.

- [Ancient Music in the Pines \[Microsoft Reader\]](#)

Zen is the way of the spontaneous -- the effortless effort, the way of intuition. A Zen Master, Ikkyu, a great poet, has said: I can see clouds a thousand miles away, hear ancient music in the pines. This is what Zen is all about.

- [And Now and Here](#)

In *And Now and Here*, Osho debunks our myths and misunderstandings around death and invites us to experience our eternal inner space – now and here – through guided meditations.

- [And the Flowers Showered](#)

Osho dives deep into a mysterious world with his commentaries on eleven Zen anecdotes.

- [The Art of Dying](#)

The Hasidic way is a life of color, music, and inner transformative experience.

- [Awareness \[eBook editions\]](#)

Awareness, says Osho, is the key to being self-directed, centered, and free in every aspect of our lives. In this book, Osho teaches how to live life more attentively, mindfully, and meditatively, with love, caring and consciousness.

B

- [The Beginning of the Beginning](#)

Five talks given by Osho at an early meditation camp.

- [Behind a Thousand Names](#)

In these talks on one of the ancient Indian Upanishad scriptures, the Nirvana Upanishad, the enlightened mystic Osho explores the essential nature of spiritual longing, the moving force behind every seeker's quest for truth - truth beyond the many names we call it and claim to know it by.

- [Being in Love](#)

In this thoughtful, provocative work, Osho challenges us to question what we think we know about love and opens us to the possibility of a love that is natural, fulfilling, and free of possessiveness and jealousy.

- [Being in Love \[eBook editions\]](#)

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- [The Beloved, Vol. 1](#)

Osho introduces the wild, dancing, sane-crazy world of the Bauls, the mystics of Bengal in these series of talks based on their songs.

- [The Beloved, Vol. 2](#)

Ten talks based on the natural, magical wisdom inherent in the songs of these delicious madmen, mystics, fools and poets, the Bauls of Bengal.

- [Beyond Psychology](#)

Osho shows us that the real meaning of taking responsibility is to go beyond the narrow

- confines of the mind – to move beyond our psychology and into consciousness.
- [Bodhidharma: The Greatest Zen Master](#)

Osho paints a portrait of Bodhidharma, one of his favorite Zen masters.

- [The Book of Nothing: Hsin Hsin Ming](#)

A masterful and eminently readable introduction to the unique wisdom of Zen, especially its profound understanding of the mind and its functioning.

- [The Book of Understanding \[eBook editions\]](#)

Osho challenges us to understand our world and ourselves in a new and radical way. The first step toward understanding, he says, is to question and doubt all that we have been taught to believe.

- [The Book of Understanding](#)

In this essential work, Osho challenges us to examine and break free of the antiquated belief systems and prejudices that prevent us from realizing our full potential.

- [The Book of Wisdom \[eBook Editions\]](#)

Based on the *Seven Points of Mind Training*, by the 11th century Buddhist mystic Atisha, *The Book of Wisdom*, conveys the essential science and methodology of meditation with a freshness and spontaneity that is rarely found in contemporary spiritual works. Osho removes the dust of tradition which has gathered around meditation.

- [Books I Have Loved](#)

Having read thousands of the world's greatest books on every conceivable subject, Osho shares the fragrance of some of his most loved in these spontaneous and intimate talks.

- [Buddha: His Life and Teachings and Impact on Humanity \[Kindle Edition with Audio/Video\]](#)

Osho explains the Buddha's teachings through life stories and anecdotes that demonstrate how these teachings arose from Buddha's own experiences.

- [The Buddha: The Emptiness of the Heart](#)

In this particularly potent dose of Zen, Osho challenges the reader to know the "empty heart," beyond thoughts, feelings and sentiment - the door to eternity that exists within everyone.

C

- [Christianity, the Deadliest Poison and Zen, the Antidote to All Poisons](#)

This is Osho at his most candid as he deals with all the unspoken questions anyone

from a Christian background might ever want to ask, and speaks on the profound truth available in Zen.

- [Come Follow to You, Vol. 1](#)

Osho makes a clear distinction between the rebel called Jesus Christ and the religion that followed after him.

- [Come Follow to You, Vol. 2](#)

Osho resurrects the essential core of Jesus' message – a religiousness which embraces silence, celebration and a moment-to-moment appreciation of life and existence. He explains how each one of us can rediscover our individuality and uniqueness and become a light unto ourselves.

- [Come Follow to You, Vol. 3](#)

Jesus is brought alive in a new and dynamic way - not the Jesus that the theologians and scholars have presented to us but Jesus as seen through the eyes of a contemporary mystic.

- [Come, Come, Yet Again Come](#)

A classic collection of responses to questions from seekers. Unexpected, humorous, reassuring, confrontational, surprising - all these moods and many more are reflected as Osho dissolves question and questioner both.

- [Communism and Zen Fire, Zen Wind](#)

Almost a year before the walls of Eastern Europe crumble, Osho offers Zen as the path to a living and authentic “spiritual Communism,” introducing that one ingredient missing from the East European model – meditation.

- [A Cup of Tea](#)

Letters written by Osho to disciples and friends

D

- [Danger: Truth at Work \[eBook Editions\]](#)

Danger: Truth at Work goes to the heart of our most fundamental human issues. Why can't we just live happily and be content?

- [The Dhammapada: The Way of the Buddha, Vol. 01](#)

In Volume 1 of his commentaries on the ancient sutras of *The Dhammapada*, Osho focuses on a very real contemporary concern: the survival of humanity. Until now, man has been divided; the qualities of the scientist, the artist, and the man of religion seemingly incompatible. Osho speaks on the urgent necessity for a “new man” who incorporates all of these qualities.

- [The Dhammapada: The Way of the Buddha, Vol. 02](#)

In this, the second volume of his *The Dhammapada: The Way of the Buddha*, Osho describes how the masters and enlightened ones can be of help to those who are searching. For those who are truly perceptive, it is possible to be a contemporary of Buddha even now – through meditation.

- [The Dhammapada: The Way of the Buddha, Vol. 03](#)

Osho shines a light on Buddha's continual emphasis on freedom. This volume illuminates how a genuine search needs, not a mind filled with knowledge, but a totally open approach: inquiry, not belief.

- [The Dhammapada: The Way of the Buddha, Vol. 04](#)

Commenting on sutras from Buddha's *Dhammapada*, Osho shows the tremendous potential that every individual contains. Life is an opportunity that cannot be found in the scriptures, or bought and sold, but can be joyfully created moment to moment.

- [The Dhammapada: The Way of the Buddha, Vol. 05](#)

It doesn't matter what religion people are born into, a common thread is that they are taught to love others, to put others first. And at the same time they are taught that to love themselves is selfish and irreligious.

In this fifth volume, Osho speaks on the sutra of Buddha which begins: *Love yourself and watch...*

- [The Dhammapada: The Way of the Buddha, Vol. 06](#)

It is a tremendous gift to read one of the most eloquent enlightened beings of all time discussing the words of another. Osho makes it clear that these sutras of Buddha describe a way of joy, delighting in everything that the world makes available and yet clinging to nothing. He explains why it is that in his search for happiness, contemporary man seems to find only momentary pleasure.

- [The Dhammapada: The Way of the Buddha, Vol. 07](#)

How can you know what is right? And what happens when what seems right to you appears to contradict what you have been told is right for society?

- [The Dhammapada: The Way of the Buddha, Vol. 08](#)

Man lives in an illusion, created and nourished by society and the people around him, with the best of intentions. The whole effort is to create a successful facade, to fit in with the crowd.

- [The Dhammapada: The Way of the Buddha, Vol. 09](#)

There has always been one adjective applied more than any other to Gautama Buddha and that is the word, *compassionate*. In *The Dhammapada*, Osho speaks at length on compassion and the method by which one reaches to compassion.

- [The Dhammapada: The Way of the Buddha, Vol. 10](#)

Osho speaks on Buddha's teachings, compiled by his disciples after he had died, in the amazing work called *The Dhammapada*. Beginning this series, Osho says that Buddha's whole message for humanity can be surmised in one word and that word is freedom - beyond God, or heaven, or love - declaring that all that is truly valuable arises from a climate of freedom.

- [The Dhammapada: The Way of the Buddha, Vol. 11](#)

The whole message of Buddha is to turn in, and Osho explores in these talks on *The Dhammapada* why something so simple as going within ourselves feels like such an arduous task.

- [The Dhammapada: The Way of the Buddha, Vol. 12](#)

Osho invites the reader to tap into the infinite riches of living consciously through Gautam Buddha's words: "Listen to these beautiful sutras very consciously, meditatively, in tremendous reverence, in deep trust, because Buddha is revealing the greatest secrets of life."

- [The Diamond Sutra](#)

The Diamond Sutra is one of Gautama the Buddha's most powerful teachings, and here Osho brings a modern-day clarity to these mysterious sutras.

- [The Diamond Sword](#)

Osho speaks on the essential and timeless path of meditation – focusing on India's ancient heritage of inquiry into transforming human consciousness, of going within ourselves rather than looking to the outer world for fulfillment and recognition.

- [Die O Yogi Die](#)

Gorakh is one of the four people whom Osho calls "the foundation stones of Indian mysticism." This book is about the death of the ego, about practical steps to live a

- [Dimensions Beyond the Known](#)

Osho talks in depth on many mysteries, including: what happens after death, reincarnation, and the esoteric roots of religious experience.

- [The Discipline of Transcendence, Vol. 1](#)

This series of talks on Gautam Buddha's 42 sutras gives a detailed description and map of the inner search.

- [The Discipline of Transcendence, Vol. 2](#)

Osho analyzes the twenty potential obstacles on the spiritual path as outlined by Gautam Buddha, and offers ways to go beyond them. He also tells the intriguing story of his own enlightenment.

- [The Discipline of Transcendence, Vol. 3](#)

In this third volume, Osho talks on Buddha's no-religion religion - a unique and mature message that is uncompromising in its insistence on awareness as the basis of spiritual

evolution.

- [The Discipline of Transcendence, Vol. 4](#)

In this fourth and final volume, Osho expands on Buddha's way. A scientific guide to the inner reality and an essential reader for every seeker.

- [The Divine Melody](#)

In this series of ten talks Osho discusses some of the most beautiful songs of Kabir. In one particularly fascinating discourse Osho speaks on the seven chakras.

- [Dogen, The Zen Master: A Search and a Fulfillment](#)

This book of talks on stories from the life of Zen master, Dogen, is dedicated to the full moons. Not only is the moon a symbol for the mirror of our consciousness in the Zen tradition, but it is also a transforming agent.

E

- [Ecstasy: The Forgotten Language](#)

The words of Kabir – a mystic, a weaver, and a poet who can touch the earth and catch the stars with his transcendent verses – are the starting point for these inspiring talks on how to live our lives to their utmost potential.

- [Emotional Wellness](#)

Osho sets out clearly, with compassion and humor, his insight and understanding of where emotions come from, and how to use that energy in creative ways.

- [Emotional Wellness \[eBook editions\]](#)

How do we reconcile our need to express our emotions with our desire to protect others? Far too often we find ourselves trapped in this dilemma of expression versus repression. We fear that by expressing our true feelings, we will hurt and alienate those close to us. But by repressing our emotions—even in the benevolent guise of “self-control”—we only risk hurting ourselves.

- [Emotions \[Kindle Edition with Audio/Video\]](#)

Strong emotions that we don't know how to handle effectively lie at the core of so many difficulties in the life of the individual. They can affect our relationships with loved ones, and how we function in our work.

- [Emotions \[eBook Editions\]](#)

Strong emotions that we don't know how to handle effectively lie at the core of so many difficulties in the life of the individual. They can affect our relationships with loved ones, and how we function in our work.

- [The Empty Boat \[eBook Editions\]](#)

Talks on the Stories of Chuang Tzu. OSO revitalises the 300-year-old Taoist message of self-realization through the stories of the Chinese mystic, Chuang Tzu.

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- [The Empty Boat](#)

Osho revitalizes the 3000-year-old Taoist message of self-realization through the stories of the Chinese mystic, Chuang Tzu.

- [Enlightenment: The Only Revolution](#)

Powerful and penetrating talks on the famous dialogue between the mystic Ashtavakra - one of Osho's favorite ancient Indian masters - and King Janak

- [The Essence of Yoga](#)

Osho interprets Patanjali's ancient yoga teachings for the modern, 21st century practitioner. He says that only two individuals in history have single-handedly created an entire science. Aristotle, in the West, created the science of logic. Patanjali, in the East, created the entire science of yoga-and it is a complete and perfect science which, two thousand years, later, cannot be improved.

- [The Eternal Quest](#)

Religiousness is the last luxury, says Osho. The 120 questions and responses in *The Eternal Quest* are about this search, with all its peaks and pitfalls.

F

- [Finger Pointing to the Moon](#)

These talks on the Adhyatma Upanishad were given at a meditation camp at Mount Abu, Rajasthan. Of the Upanishads, Osho says, "They are not religious scriptures. They are poetic expressions of those who have known."

- [The First Principle](#)

In *The First Principle* Osho captures the unique, colorful, seemingly crazy spirit of Zen, through talks on a collection of Zen stories anecdotes of the often bizarre interchanges between master and disciple in the quest for truth.

- [The Fish in the Sea Is Not Thirsty](#)

Commenting on the haunting songs of Kabir, Osho takes the reader to the very core of the human dilemma, to the simple cause of man's misery - that he thinks that he is separate from existence.

- [Flight of the Alone to the Alone](#)

Kaivalya means the moment in your consciousness when you are utterly alone. Talks on the Kaivalya Upanishad given at a meditation camp at Mt. Abu, India.

- [Freedom \[eBook editions\]](#)

Insights for a New Way of Living Series

- [From Bondage to Freedom](#)

A deeply moving account of a rare and provocative experiment in human growth, these are Osho's last discourses given in the USA.

- [From Darkness to Light](#)

In this series of comprehensive, colorful and profound talks, Osho examines the ways in which the institutions of society have systematically crippled man's authenticity and individuality. He goes on to point to man's true potential for freedom, found within each of us, that moves far beyond the society's narrow perimeters.

- [From Death to Deathlessness](#)

Sensing the storm about to descend on his American commune, Osho responds to residents' and visitors' questions. The topics cover the whole spectrum of human concerns.

- [From Medication to Meditation \[Kindle Edition\]](#)

Osho's depth of insights into what makes a healthy and whole human being plus the many meditation methods he has developed are a vital part of his overall vision and proposal to humanity.

- [From Misery to Enlightenment](#)

In this book Osho expresses his vision for humanity: to expose every "so-called" religion and to create Man all over again out of his own depth of being.

- [From Sex to Superconsciousness](#)

Osho speaks on the need and the way to understand sex in its deepest sense, thereby transforming it. The life energy that flows into sex is the same life energy that becomes superconsciousness, enlightenment. This book is a detailed description of the way this transformation happens.

- [From the False to the Truth](#)

A series of talks to make the White House and the Vatican tremble. Powerful, convincing and exposingly hilarious, Osho confronts the religious leaders and government officials who eventually destroyed the commune in America.

G

- [Glimpses of a Golden Childhood](#)

An all-time favorite volume in which Osho recalls his rebellious and mischievous childhood.

- [The God Conspiracy \[eBook Editions\]](#)

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- [The God Conspiracy \[Kindle Edition with Audio/Video\]](#)

Not believing, but only experiencing, says Osho in this inspiring book, is a way of finding truth and meaning. While Nietzsche's declaration that "God is dead, therefore man is free" was an incredible step in understanding, he argues, it is in itself a negative solution and does not bring freedom.

- [Gold Nuggets \[Kindle Edition with Audio/Video\]](#)

Gold Nuggets is an exquisite collection of 80 nuggets of true and often provocative wisdom on life, love and the world around us.

- [Gold Nuggets \[eBook Editions\]](#)

These powerful meditations cover a wide range of subjects including love, death, friendship, and hate; together they remind us that we have only one moment in our hands, and that we must live it or leave it unlive.

- [Gold Nuggets \[Microsoft Reader\]](#)

This small book consists of a collection of telegraphic quotes extracted from many different talks given by Osho during one year. They are a beautiful and easily readable introduction to Osho's vision.

- [The Golden Future](#)

The most comprehensive and explicit collection of discourses available on Osho's vision of the future. He explains what he means by the new man, and describes his international society of communes.

- [The Goose Is Out](#)

Osho penetrates the prejudices and beliefs we have gathered as our protection against the truth.

- [The Grass Grows By Itself](#)

Osho discusses how Zen came into being and describes the remarkable people who spread it across the Asian continent. This book contains great stories about Lao Tzu, Bodhidharma, Confucius, Bokuju and others.

- [The Great Challenge](#)

This introduction to Osho's work includes the secret aspects of spiritual traditions as well as talks on death, reincarnation and the scientific foundation of his revolutionary technique, Dynamic Meditation.

- [The Great Pilgrimage: From Here to Here](#)

In this great book of questions and answers Osho reminds us that there is in reality nowhere to go! He also talks especially to the baby boomers as they confront the onset of middle age.

- [The Great Secret](#)

Osho talks on ten of Kabir's incomparable songs that revolve around "the beloved" - the Sufi expression for the state of enlightenment. Though Kabir lived several centuries ago, Osho creates a direct link with him in these talks and brings alive for the reader the inherently human path to enlightenment through love.

- [The Great Zen Master Ta Hui](#)

Osho tells of the progression of Ta Hui, a well-known Chinese Zen teacher of the 7th century, from his intellectual understanding of Buddhist scriptures to buddhahood.

- [The Guest](#)

This series of talks is based on Kabir's penetrating, beautiful songs. There is only one thing in the world that satisfies, says Kabir, and that is the meeting with your self.

- [Guida Spirituale](#)

This book is a twenty-first century survival manual for the spirit of man, to help him awoken from his deep spiritual sleep. Delightful stories and anecdotes inspired by the *Desiderata*.

H

- [Hammer on the Rock](#)

A diary of intimate meetings between people of all ages and from all walks of life with a modern buddha, Osho. The issues: sex, work, relationships, death and meditation.

- [Hari Om Tat Sat: The Divine Sound - That Is the Truth](#)

Responding to a wide variety of questions, Osho gives straight talk on touchy subjects, including an insightful look at complex global issues.

- [The Heart Sutra](#)

The Prajnaparamita Hridayam Sutra is the most important sutra in Buddhist literature; it is at the very heart of the Buddhist message, and is chanted daily by millions across the world. In illuminating these verses, Osho uses simple, straightforward language that

encourages the reader to search within for his own understanding.

- [The Heartbeat of the Absolute](#)

In these talks Osho gives during a meditation camp, sutras from these ancient Sanskrit scriptures - the Ishavasya Upanishad - are transmuted into stunning insights that can open the reader's eyes to his own inner reality.

- [Hidden Mysteries](#)

Osho explains how the significance of temples, statues, places of pilgrimage, incense, mantras and astrology, have all been debased or lost over thousands of years.

- [The Hidden Splendor](#)

In this book of responses to questions, Osho unfolds the basic search for childlike innocence in all its joy, playfulness, and fearlessness... a state of being which Osho describes as our "hidden splendor."

- [Hyakujo: the Everest of Zen](#)

Hyakujo made two great contributions to Zen that served as landmarks of change within the Zen tradition, and which express fundamental elements for understanding living Zen: "sudden enlightenment" and Zen monasteries.

I

- [I Am That](#)

I Am That is an illuminating series of talks on the Isa Upanishad. These sutras are amongst the most ancient wisdom available to mankind - transmitted from masters to their disciples twenty-five centuries before Buddha.

- [I Am the Gate](#)

This book is a timeless classic that has served as an introduction for many people to Osho's vision. Eight discourses to push the reader over the edge of the intellect into the mysterious, the esoteric and the transcendental.

- [I Celebrate Myself: God Is No Where, Life is Now Here](#)

In this powerful series of talks, Osho takes on all our assumptions and misconceptions that we live in a divided universe; creator and created, believer and belief, theist and atheist.

- [I Say Unto You](#)

What if Jesus were not a supernatural being conceived by a virgin, but a real human being who had experienced the awakening of consciousness known as "enlightenment" in the East?

- [In Search of the Miraculous](#)

This book is an unusual yet fascinating read for anyone who is interested in the practical application of the esoteric aspects of mysticism, and the science of human energy as it is understood in the East.

- [The Inner Journey](#)

The Inner Journey is a precise manual for tuning the body, mind, heart and hara to an inner balance and harmony to prepare ourselves for the experience of meditation.

- [Intelligence \[eBook editions\]](#)

Osho's Insights for a New Way of Living

- [Intimacy \[eBook editions\]](#)

"Hit-and-run" relationships have become common in our society as it has grown more rootless, less tied to traditional family structures, and more accepting of casual sex. But at the same time, there arises an undercurrent of feeling that something is missing—a quality of intimacy.

- [Intuition \[eBook editions\]](#)

Intuition deals with the difference between the intellectual, logical mind and the more encompassing realm of spirit. Logic is how the mind knows reality, intuition is how the spirit experiences reality. Osho's discussion of these matters is wonderfully lucid, occasionally funny, and thoroughly engrossing.

- [The Invitation](#)

An invitation and introduction to Osho's vision through his responses to questions. Osho shows how the problems of everyday life can be used as tools for transformation.

- [Isan: No Footprints in the Blue Sky](#)

Our eyes are clouded with words, our minds full of doctrines and ideologies, our whole upbringing and education focused on how to leave the biggest footprints, how to leave our mark.

J

- [Joshu: The Lion's Roar](#)

Through these symbolic Zen dialogues and the existential language of haikus, Osho urges his reader not to be lukewarm, but single-pointed in the search for our authenticity.

- [Journey to the Heart](#)

Osho entices us to the unknown, the Ultimate. This journey is the greatest adventure open to man. It is one which requires the greatest daring, and one in which we have to risk our all.

- [Joy \[eBook editions\]](#)

In Joy, Osho posits that to be joyful is the basic nature of life. Joy is the spiritual dimension of happiness, in which one begins to understand one's intrinsic value and place in the universe.

- [Just Like That](#)

With humor and sensitivity Osho brings traditional Sufi stories into the 21st Century, revealing their hidden dimensions and adding his own.

K

- [Krishna: The Man and His Philosophy](#)

The Indian mystic Krishna lived many centuries ago, yet Osho sees in him a man far ahead of his time.

- [Kyozan: A True Man of Zen](#)

Osho uses Kyozan's life to make Zen as accessible to the contemporary seeker as preparing a cup of tea.

L

- [The Language of Existence](#)

Nine discourses based on anecdotes of famous and little-known Zen masters. Many of these stories were previously only available in Japanese and were translated specially for this series of talks.

- [The Last Morning Star](#)

Talking on the playful and provocative poetry of Daya, Osho takes us on a journey from the transient, from our world outside, to the eternal, our boundless world within.

- [Light on the Path](#)

These first talks after Osho's departure from the USA provide a rare glimpse of Osho's efforts to create a New Man - during the most uncertain times for his work and people.

- [Live Zen](#)

In this small, potent book, Osho leads us through the mysterious world of the ancient Zen masters.

- [Living Tao](#)

In his Tao Te Ching, Lao Tzu wrote essential truths on the natural way to live. In this beautiful treasure of a book, Osho highlights the paradoxical nature of these truths, pointing out that living the paradox is the whole process of meditation.

- [The Long, the Short and the All](#)

A collection of excerpts from early talks and letters in which Osho addresses subjects basic to us all, such as truth, religion, thought, happiness and love.

- [Love, Freedom, and Aloneness \[eBook editions\]](#)

These thoughts on love, sex, marriage, relationships, freedom, and enlightenment come from transcripts of Osho's Talks and question-and-answer sessions, and their casual, conversational tone makes them easy to read.

M

- [Ma Tzu: The Empty Mirror](#)

He walked like a cow and looked like a tiger. He could touch his nose with his tongue and had two rings on the soles of his feet! The unpredictable Ma Tzu brings fresh responses and devices to every situation, the empty mirror who simply reflects.

- [The Magic of Self-Respect \[eBook Editions\]](#)

So much of the experience of everyday life, says Osho in this insightful guide, is shaped by religious and social conditioning - and we are not even aware of the fact. We are constantly being pulled away from the unique nature that is our birthright.

- [Meditation: The First and Last Freedom \[eBook Editions\]](#)

Meditation: The First and Last Freedom shows that meditation is not a spiritual discipline separate from everyday life in the real world. In essence, it is simply the art of being aware of what is going on inside and around us.

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- [The Message beyond Words](#)

The Message beyond Words is an invitation to stand face-to-face with death, to explore what really happens when the body dies – and thus transform the way you live.

- [The Miracle](#)

Osho deciphers the great game Zen masters play with their disciples and elucidates the central message of Zen - "nothingness."

- [The Mustard Seed \[eBook Editions\]](#)

Osho comments in detail on the *Gospel of Thomas* in a series of talks called *The Mustard Seed*, bringing a modern understanding to this text .

- [My Way: The Way of the White Clouds](#)

The questions Osho answers in this book were chosen over a period of fifteen days with a specific purpose: to introduce Osho and his work to the thousands of visitors and seekers looking for a new way of life.

N

- [The New Dawn](#)

A many-faceted series of talks in which Osho dismantles a great variety of questions from seekers. One asks: With the imminent possibility of global suicide isn't it a paradox that all we can do is to sit silently?

- [Nine Sutras](#)

Osho talks for the first time on his own Nine Sutras. Opening boundless new dimensions to the meaning and significance of the word yoga, he illuminates its vast scope and takes us way beyond what may well be our limited and limiting understanding of it.

- [Nirvana: The Last Nightmare](#)

Why does Osho say "Nirvana is the last and ultimate nightmare?" What is it about wanting to improve ourselves that is so enticingly hopeful, yet seemingly unattainable, reinforcing that all too familiar uneasiness associated with never being fully at peace with oneself? In this book Osho brings this internal state of tension to the surface and reveals the true meaning of nirvana.

- [No-Mind: The Flowers of Eternity](#)

Using anecdotes about Zen masters and their disciples, as well as a magnificent selection of haikus, Osho reveals the mystery of Zen as something to be savored rather than solved.

- [Notes of a Madman](#)

This small volume is one of three unique books from talks given in the unlikely setting of his dental sessions. In this atmosphere, Osho speaks in a poetic way on a wild and wonderful range of subject.

- [Nowhere to Go but In](#)

Osho guides people away from asking superficial "religious" and intellectual questions to opening up and exposing themselves in real questions.

O

- [Om Mani Padme Hum: The Sound of Silence, The Diamond in the Lotus](#)

This series of talks, based on Osho's responses to seekers questions, revolves around the theme of division - man's being and its separation from his environment, his fellow-man and from himself.

- [One Seed Makes the Whole Earth Green](#)

In Osho's understanding, Zen is the only approach to religion that has not put fetters on mankind. These talks pay homage to Zen's reverence for life and its celebration of the everyday.

- [The Original Man](#)

What's so original about the original man? Only that on finding him within yourself, according to Osho you find everything worth discovering.

- [The Osho Upanishad](#)

This book begins with the question, "Could you please explain the work of a mystery school?" And Osho goes on to describe the support that such schools give to the seekers of truth, throughout time, the world over.

P

- [The Path of Love](#)

In *The Path of Love* the exquisite songs of the fifteenth century mystic and poet Kabir are explored through Osho's insight, vision and understanding of the eternal in man.

- [The Path of Meditation](#)

This book is highly recommended for every meditator. Osho introduces us to the most fundamental steps of meditating.

- [The Path of the Mystic](#)

Osho answers questions that reach the most basic and overlooked corners of our human experience. He delves into the mystical, talking on past lives, the dynamic yet subtle combination of meditation and hypnosis, and on the Bardo.

- [The Path of Yoga](#)

These ancient sutras of Patanjali are a road map to freedom from the prison of the mind. Osho's wisdom and vision brings this science of Yoga to life. He explains the sutras in a language of today, bringing modern understanding to the austerity of Patanjali.

Osho's commentaries describe how these sutras lead step by step towards an understanding of the mind: what it is, how to use it and how to go beyond it.

- [The Perfect Master, Vol. 1](#)

In these profound and captivating talks on traditional Sufi stories, and responses to seeker's questions, Osho takes the reader to the heart of some fundamental questions: How to recognize "the perfect master"? How to recognize authentic awakening? How to

- express the inexpressible?
- [The Perfect Master, Vol. 2](#)

This volume, comprising Osho's commentary on Sufi stories and responses to questions, is a must for everyone in search of their own inner master.

- [The Perfect Way](#)

A rare book of meditation in which Osho calls himself a "dream breaker." His method of dream breaking includes a meticulous guided tour through the maze of our own minds, through our process of creating thoughts, toward a zone of silence.

- [Pharmacy For the Soul \[eBook editions\]](#)

Pharmacy for the Soul suggests holistic remedies for a variety of ailments. Each section begins with a description and diagnosis of an emotional or physical ailment and then lists a number of prescriptions.

- [Philosophia Perennis, Vol. 1](#)

In this book of talks on the Greek mathematician and mystic, Pythagoras, Osho declares that had Pythagoras been listened to humanity's history would have been totally different.

- [Philosophia Perennis, Vol. 2.](#)

Osho expounds on the idea of the East and West as representative of the brain's two hemispheres, and on the two Pythagorean laws - of necessity and power. Osho's enthusiasm and love for Pythagoras are evident in his talks on these verses.

- [Philosophia Ultima](#)

These discourses contain what to Osho is the most significant statement made anywhere on earth at any time, the whole secret of the mystic approach towards life.

- [The Psychology of the Esoteric](#)

Osho begins from where Western psychology leaves off. Beyond Freud and Jung, beyond the Human Potential Movement, to the psychology of enlightenment, of buddhahood.

R

- [The Razor's Edge](#)

This question and answer book tells how a master and his disciples move along a path together which is both dangerous and ecstatic. This path is the razor's edge.

- [The Rebel](#)

A handbook for the man of the future, *The Rebel* is a comprehensive guide to Osho as a planetary visionary.

- [The Rebellious Spirit](#)

Central to Osho's vision of the New Man is what he calls "the rebellious spirit." These talks offer a glimpse into what he means by this way of life, and how he is working with people to bring it about.

- [Returning to the Source](#)

Zen doesn't believe in renouncing the world or not renouncing the world; the basic thing is just to be alert wherever we are. All that counts is our awareness which will take us back to our original source.

- [Revolution in Education](#)

Osho gives focus to the subject of education. Although these talks were given almost forty years ago, they still seem revolutionary today. Speaking of a crippled humanity, Osho points to education as a cause, saying how in the name of education man has been cut off from nature.

- [The Revolution](#)

A fiery book alive with Osho's love for Kabir and for the only revolution that counts: enlightenment.

- [Rinzai: Master of the Irrational](#)

Capturing the unpredictable, dynamite essence of Zen, Osho speaks on Master Rinzai, who brought Zen from China to Japan, and who is truly a master of the irrational - a Zen master who sticks his tongue out at one disciple and who created the shout as a device to shock the mind.

S

- [Sat-Chit-Anand: Truth-Consciousness-Bliss](#)

This mantra is the expression of the ultimate for mystics like Buddha, Socrates and Lao Tzu, for those who are contemplative rather than poetic by nature.

- [Satyam Shivam Sundaram: Truth Godliness Beauty](#)

A must for those new to meditation and to Osho's vision, this series of discourses addresses a variety of subjects, in response to questions such as: Why is it so difficult to be in a state of let-go?

- [The Search: Talks on the Ten Bulls of Zen](#)

Osho talks on the ten paintings that tell the famous Zen story of a farmer in search of his lost bull, providing an allegorical expression of the search for enlightenment.

- [The Secret of Secrets](#)

In this beautiful book, Osho speaks on the magical sutras of Master Lu-tsu, which he

describes as "deeply based in Taoist teachings... a flowering of the Taoist approach to life and existence," and he gives specific instructions for the Taoist Golden Light meditation which helps harmonize the male and female elements, and transmute sexual energy.

- [The Secret](#)

Osho uses a delightful selection of Sufi tales to impart the essence of the path of love.

- [Seeds of Wisdom](#)

Intimate, simple, and laced with personal anecdotes and insights, this book is a collection of 120 personal letters written by Osho to one of his disciples.

- [Sermons in Stones](#)

Answering seeker's questions Osho explores the theme of the individual's responsibility in creating the world we live in.

- [Sex Matters \[eBook editions\]](#)

"Sex Matters" links sexuality to transcendence, insisting that sex is important for both physical and mental well-being.

- [Showering without Clouds](#)

Osho talks on Sahajo, an enlightened woman from eighteenth-century Rajasthan, about what it means to be a woman and a seeker.

- [A Snowflake Dissolving in Pure Air](#)

A letter from the Zen Master Bassui to a disciple who is about to die introduces this extraordinary classic on death and dying. Formatted beautifully in a .pdf file that you can print and bind in a folder.

- [Socrates Poisoned Again After 25 Centuries](#)

As the bishop of Crete's Greek Orthodox Church urges the local citizenry to forcibly drive him out of the villa where he is staying, Osho revives the spirit of Zorba in a series of lively talks to his disciples and to visiting journalists.

- [The Song of Ecstasy](#)

Osho speaks on Adi Shankaracharya, the enlightened mystic from eighth-century India. He was a formidable scholar who could also sing his song of ecstasy and dance his joy in life.

- [A Sudden Clash of Thunder](#)

While the theme of these talks is meditation - watching, and remaining alert and aware - - Osho encourages us first to "be happy and meditation will follow."

- [Sufis: The People of the Path, Vol. 1](#)

Jokes - paradox - parables - wisdom - absurdity - all to shake the reader out of his intellect and into the innocence of the mystic.

- [Sufis: The People of the Path, Vol. 2](#)

In this book of talks on Sufism, Osho takes some beautiful traditional Sufi stories and uses them as tools to chip away at the obsolete and blind belief systems in which modern man is ensnared.

- [The Sun Rises in the Evening](#)

These commentaries on sutras, alternating with answers to questions, are richly laced with stories and anecdotes about Krishnamurti, Plato, Socrates, Hubert Benoit, etc...

- [The Supreme Doctrine](#)

In this book Osho speaks on the ancient Indian Vedic scriptures to his first Western audience. The Supreme Doctrine deals in depth with many aspects of meditation - the fundamentals of how to move intensely and totally into this experience spoken of by the seers in the Ken Upanishad.

- [The Sword and the Lotus](#)

This volume captures the fast pace of Osho's six-week stay in Nepal, the birthplace of Buddha. He answers questions from his sannyasins in his hotel suite in the mornings and from the press every evening in the hotel conference room.

T

- [Take It Easy](#)

Osho shows us how these verses by the fourteenth Zen master, Ikkyu, can stir the heart, touch the being and help our transformation.

- [Talking Tao](#)

The greatest miracle in life is love, and it is the greatest mystery also; greater than life itself, because love is the very essence for which life exists.

Love is the source, and love is the end also. So one who misses love misses all.

- [The Tantra Experience](#)

The world of Tantra has no division between higher and lower. Osho shows how, living this vision, new heights of consciousness and freedom are realized.

- [Tantra: The Supreme Understanding](#)

The ultimate may not be expressible, but whatsoever can be said is included here within the tantric vision of Osho and Tilopa. A key insight is given and the door opens to understanding, acceptance and transcendence.

- [Tantric Transformation](#)

In this second volume of Osho's talks on Saraha's Royal Song, we are given a detailed map of Tantra: inner man, inner woman; the meeting of man and woman; the

transformation of sexual energy and other techniques.

- [Tao: The Golden Gate, Vol. 1](#)

Osho refers to these ancient discourses as the most profound insights into nature - not tenets of a doctrine or philosophical treatises but existential insights.

- [Tao: The Golden Gate, Vol. 2](#)

Osho illumines the sutras of the famous sixth century scholar and enlightened master, Ko Hsuan, bringing the dynamic path of Tao alive for contemporary man and answers seeker's questions.

- [Tao: The Pathless Path, Vol. 1](#)

In these talks on The Book of Lieh Tzu, Osho brings a fresh and contemporary interpretation to the ancient wisdom of Tao.

- [Tao: The Pathless Path, Vol. 2](#)

In this book of talks on Tao Osho calls it "the pathless path" because he says it has a different quality - the quality of freedom, anarchy and chaos.

- [The 7 Vital Energy Centers](#)

Man is multi-faceted, multi-dimensional. His being is not simple, it is a great complexity. The rainbow has seven colors, man has seven centers of his being. - Osho

- [The Man Who Loved Seagulls \[eBook editions \]](#)

In "The Man Who Loved Seagulls", Osho discusses essential stories and parables from the world's great wisdom traditions of Zen, Taoism, Christianity, and Judaism.

- [Theologia Mystica](#)

These Osho talks on the letters of Dionysius, the first Christian bishop of Athens, to his disciple Timothy, bring to light the mystical depth hidden in the Western theological tradition - a mystical depth that can speak to and inspire us all.

- [This Very Body the Buddha](#)

Osho comments on these verses that comprise the song of the 17th-century mystic, Hakuin.

- [This. This. A Thousand Times This: The Very Essence of Zen](#)

Through his commentaries on anecdotes about Zen masters Osho reiterates that Zen is not for the mass-mind but only for the individual who is unconcerned with the dictates of the status quo.

- [The True Name, Vol. 1](#)

Talks on the Japugi-Saheb of Guru Nanak Dev

- [The True Name, Vol. 2](#)

Talks on the Japugi-Saheb of Guru Nanak Dev

- [The True Sage](#)

Osho speaks on stories from *The Tales of Hasidism* by Martin Buber, a work he calls a tremendous service for seekers.

- [Turning In](#)

In these eight talks, each of which is based on the sayings of a different enlightened Zen master, Osho gives detailed explanations of the Zen method of meditation, "turning in."

U

- [Ultimate Alchemy, The, Vol. 1](#)

In these talks on the ancient scripture, the Atma Pooja Upanishad, Osho reveals many alchemical secrets of the "ultimate" alchemy - the refinement of man's baser nature into the pure gold of cosmic consciousness - and describes many meditation techniques to assist this process.

- [The Ultimate Alchemy, Vol. 2](#)

Speaking on the Atma Pooja Upanishad, Osho responds to it in a way that helps present day seekers find the truth within.

- [Undone Tao](#)

"Lao Tzu moved into life, watched silently, observed and saw many things - many things - but the base of them all is that everything is moving to its opposite."

- [Unio Mystica, Vol. 1](#)

This is the first of a two volume series on the twelfth century Persian court poet, Sanai's Hadiqa, about which Osho says: "Such books are not written, they are born. These words are saturated with satori."

- [Unio Mystica, Vol. 2](#)

In his commentary on Hakim Sanai's verses, Osho invites the reader to participate in an experience that can be life-transforming.

V

- [Vedanta: Seven Steps to Samadhi](#)

These seven steps to enlightenment are keys of wisdom, step-by-step instructions handed down from the unnamed ancient seers in the Akshyupanishad.

- [Voice of Silence](#)

Osho provides a step-by-step approach on how to find our inner voice.

- [Walk Without Feet, Fly Without Wings and Think Without Mind](#)

These talks took place over a ten day period - a series of personal questions from seekers touching a wide variety of fundamental life issues, and an enlightened being's profound, loving and, at times, humorous responses to them.

- [Walking in Zen, Sitting in Zen](#)

In this especially lighthearted series of talks Osho comments on the Zen master Yoko, and explains why meditation is not just a daily discipline but a life time love-affair.

- [The Way beyond Any Way](#)

Osho speaks on a jewel of Eastern mysticism, the Savasar Upanishad, one of the ancient texts of the rishis - the seers of India.. Through his talks Osho describes step by step, the search within, the search for the essence, for what is divine within man.

- [When the Shoe Fits](#)

Osho is unique amongst commentators in that he does not offer yet another intellectual treatise on principles, but rather relates the situation as it was a few thousand years ago to our situation here and now.

- [The White Lotus](#)

Bodhidharma, a disciple of Buddha, was the first patriarch of Zen. The notes collected by his disciples from Bodhidharma's discourses, contain the essential core of Buddha's message.

- [The Wisdom of the Sands, Vol. 1](#)

This book presents a special selection of commentaries by Osho on incomparable stories from the world of Sufism, beginning with the haunting story of a stream that encounters a desert...

- [The Wisdom of the Sands, Vol. 2](#)

In this collection of his commentaries on Sufi stories, Osho describes one of the stories within as belonging to the very foundation of religious consciousness.

- [Yaa-Hoo! The Mystic Rose](#)

In the presence of journalists from the German magazine, Bunte, Osho overturns the apple-cart of decorum, making fun of the Nazi regime and recounting some of his most outrageous jokes. He also creates one of his most powerful meditations, the Mystic Rose Meditation.

- [Yakusan: Straight to the Point of Enlightenment](#)

A collection of five talks given on stories of the Zen master, Yakusan. Osho uses these anecdotes as a springboard into the reality of the Zen approach to truth, a book not so much "about" Zen, but instead a Zen look at the world around us.

- [Yoga and Liberation](#)

Osho speaks of Patanjali's system of preparation for enlightenment as empirical, a tool to work with.

- [Yoga: A New Direction](#)

Osho presents the eight steps of Yoga: self-restraint, fixed observation, posture, breath regulation, abstraction, concentration, contemplation and trance.

- [Yoga: The Mystery Beyond Mind](#)

Although Patanjali's sutras are more than two thousand years old, Osho brings them right up to date in these talks, revealing the innate wisdom they carry for humanity, that reaches beyond time.

- [Yoga: The Science of Living](#)

Osho shows how three methods -- concentration, uninterrupted flow of consciousness and oneness -- bring about an inner balance when subject and object disappear.

- [Yoga: The Science of the Soul](#)

In this series on Patanjali, Osho says: "Patanjali is our future, 5000 years old." When he comments on Patanjali's sutras, the illumination of Osho brings Patanjali into the modern age of the here and now.

- [Yoga: The Supreme Science](#)

Osho speaks on a selection of yoga sutras of Patanjali, revealing the vast and deep insight of this ancient science into man's inner world. He says:

Z

- [Zarathustra: A God That Can Dance](#)

Osho unravels the mystery of man's three metamorphoses - from camel to lion to child, and setting the record straight about the meaning of Nietzsche's concept of the superman shows us how we ourselves can become the New Man.

- [Zarathustra: The Laughing Prophet](#)

Osho talks on Friedrich Nietzsche's famous work Thus Spoke Zarathustra, a work overshadowed by its link with Adolf Hitler and his horrific manipulation of Nietzsche's concept of the "superman" during the Second World War. Here Osho lifts Nietzsche beyond the blight of history, and restores his innocence, turning his great work into a

feast of wisdom that we can all appreciate.

- [The Zen Manifesto: Freedom from Oneself](#)

Osho makes it clear that the West's comprehension of Zen is still largely intellectual rather than recognizing the penetrating experiential truth that Zen points to – which extends far, far beyond the mind.

- [Zen: The Diamond Thunderbolt](#)

To experience the diamond thunderbolt is to be shocked out of one's spiritual sleep. These talks are a thunderstorm!

- [Zen: The Mystery and Poetry of the Beyond](#)

Through enigmatic Zen anecdotes and questions from seekers, Osho exposes the narrow-mindedness of organized religions and sheds light on the ecological and social crises facing us today.

- [Zen: The Path of Paradox, Vol. 1](#)

Day and night, summer and winter, life and death...nature itself is a paradox and Zen is simply a mirror reflection of life. In this book on Zen Osho tells us that if we remain choiceless, we will remain true; to relax and let go into the way things really are.

- [Zen: The Path of Paradox, Vol. 2](#)

This book is brimming with Zen anecdotes showing life's paradoxical nature and that if you look around you will find contradiction everywhere.

- [Zen: The Path of Paradox, Vol. 3](#)

Life, in every dimension, is paradoxical. So religion has to be paradoxical.

- [Zen: The Quantum Leap from Mind to No-Mind](#)

The quantum leap, according to Osho, is from mind to no-mind, from ego-mind to inner consciousness.

- [Zen: The Solitary Bird, Cuckoo Of The Forest](#)

Osho takes us deeply into the mysteries of the inner world and shows us the nature of the mind and its limitations when we are seeking consciousness.

- [Zen: The Special Transmission](#)

This series of talks provides a wonderful, living introduction to the true phenomenon of Zen as Osho brings to life the inherent and timeless wisdom of traditional Zen stories - describing the time of Zen as an era when simplicity of life was a cultural reality.

- [Zen: Zest, Zip, Zap and Zing](#)

Living the Fire of Life

Osho responds to questions on love, freedom, morality, a woman's role in society, nostalgia, a child's right to privacy, the purpose of life, and more, but again and again

he nudges the reader back to the essential: Zen – awareness, going within, being here and now.

And between the lines he offers a constant invitation to live life to the full, to take its challenges head-on and with a sense of humor.

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